

POST-MAJORITY CARE SERVICES RESOURCE LIST





Post-Majority Care Services: Resource List by Region

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Nation-Wide Organizations

Hope for Wellness

Toll-free: 1-855-242-3310

hopeforwellness.ca (chat option available online)

The Hope for Wellness Help Line offers immediate mental health counselling and crisis intervention to all Indigenous peoples across Canada.

Kids Help Phone

Toll free: 1-800-668-6868

Text "TALK" to 686868 to reach a counsellor

Kidshelpphone.ca

Kids Help Phone is an e-mental health services provider, available 24/7 to children, youth and young adults across Canada.

Indian Residential School Crisis Line

1-866-925-4419 (available 24/7)

<https://www.sac-isc.gc.ca/eng/1581971225188/1581971250953>

Missing and Murdered Indigenous Women & Girls (MMIWG)

1-844-413-6649 (available 24/7)

<https://www.mmiwg.ffada.ca>

Wise Practices - Indigenous Leadership for Living Life Well

<https://wisepractices.ca/>

Mental Health and Wellness in First Nations and Inuit Communities

<https://www.sac-isc.gc.ca/eng/1576089278958/1576089333975>

Substance use treatment centres for First Nations and Inuit

<https://sac-isc.gc.ca/eng/1576090254932/1576090371511>



British Columbia

- Crisis Lines
- Youth and Young Adult Centered Supports
- Housing Insecurity Supports
- Post-Secondary and Employment
- Addiction and Recovery Support
- Indigenous Health and Wellness Support Services
- 2SLGBTQQAI+ , BIPOC, Neurodivergent
- Sexual Health Information and Services; Sex Worker Resources
- Advocacy and Rights

Crisis Lines		
KUU-US Crisis Line Society		
The KUU-US Crisis Line Society operates a 24-hour Indigenous BC Wide Crisis Line for:	Adults/Elders	(250-723-4050)
	Child/Youth	(250-723-2040)
	Toll free	(1-800-588-8717)
	Métis Line	(1-833-MétisBC)
Fraser Health Crisis Line		
	Telephone:	1-877-820-7444

Youth and Young Adult Centered Supports		
Aged Out		
AgedOut.com provides resources, life skills, and information for individuals who are or have aged out of care.	Telephone:	604-320-7330
	Email:	info@agedout.com
	Website:	https://agedout.com/
The Federation of BC Youth in Care Networks		
	Telephone:	1-800-565-8055
	Email:	info@fbcyicn.ca
	Website:	www.fbcyicn.ca
Pacific Community Resources Society		
	Address:	2780 East Broadway, Vancouver, BC V5M 1Y8
	Telephone:	604 412 7950
	Website:	https://pcrs.ca/
Aunt Leah's Place		



	Address:	816 20th Street, New Westminster, BC V3M 4W6
	Telephone:	(604) 525-1204; (604) 525-1295
	Email:	auntleahs@auntleahs.org
	Website:	https://www.auntleahs.org/

Housing Insecurity Supports

Option Community Services

	Address:	9815 - 140th Street, Surrey, BC V3T 4M4
	Telephone:	604-584-5811
	Website:	https://www.options.bc.ca/

Surrey Homelessness & Housing Society

	Address:	312 Main St #409, Vancouver, BC V6A 2T2
	Telephone:	604-709-4775
	Website:	https://surreyhomeless.ca/

Post-Secondary and Employment

Cave Youth Employment Program

<i>For youth and young adults ages 17-29</i>	Telephone:	604-438-3045
	Email:	ttg@douglascollege.ca
	Website:	https://www.douglascollege.ca/programs-courses/training-group/employment-services-career-development/youth/cave-youth-employment

British Columbia Institute of Technology – Mi Chap Tukw

	Telephone:	604- 432-8474
	Email:	gathering_place@bcit.ca
	Website:	https://www.bcit.ca/indigenous-initiatives/

Addiction and Recover Support

Carrier Senaki Family Services Addiction Recovery Program

	Address:	PO Box 1219, Vanderhoof, BC, V0G 3A0
	Telephone:	250-567-2900; 1-866-567-2333
	Website:	https://www.csfs.org/

Kackaamin Family Development Centre



	Address:	7830 Beaver Creek Road, Port Alberni, BC V9Y 8N3
	Telephone:	250-723-7789
	Website:	https://www.kackaamin.org/
Gya' Wa' Tlaab Healing Centre		
	Address:	PO Box 1018, Haisla, BC V0T 2B0
	Telephone:	250-639-9817
	Website:	http://gyawatlaab.ca/
NAMGIS Treatment Centre		
	Address:	PO Box 290, Alert Bay, BC V0N 1A0
	Telephone:	250-974-5522
Nenqayni Wellness Centre		
	Address:	PO Box 2529, Williams Lake, BC V2G 4P2
	Telephone:	250-989-0301
	Website:	http://nenqayni.com/
North Wind Wellness Centre		
	Address:	PO Box 2480 Station A Dawson Creek, BC V1G 4T9 <u>Center Location:</u> 5524 Graham (235) Road Farmington, BC V0C 1N0
	Telephone:	250-843-6977
	Email:	intake@northwindwc.ca
	Website:	https://northwindwellnesscentre.ca/
Round Lake Alcohol and Drug Treatment Society		
	Address:	200 Emery Louis Road, Armstrong, BC V0E 1B5
	Telephone:	250-546-3077
	Website:	https://roundlaketreatmentcentre.ca/
Telmexw Awtexw Treatment Centre		
	Address:	Salish Way, Agassiz, BC V0M 1A1
	Telephone:	604-796-9829
	Website:	https://www.stsailes.com/telmexw-awtexw/
Wilp Si'Satxw Community Healing Centre		



	Address:	Box 429, Cedarvale-Kitwanga Road Kitwanga, BC V0J 2A0
	Telephone:	250-849-5211
	Website:	https://www.wilpchc.ca/
Esk'etemc Recovery House		
	Address:	Letwilc Ren Semec Centre 949 Cougar Trail Alkali Lake, BC V0L 1B0
	Telephone:	250-440-5651 (ext. 261)
	Website:	https://www.esketemc.ca/letwilc-ren-semec-centre/
Towards the Heart.com		
<i>BCCDC Harm Reduction Services Listing of Harm Reduction Sites in the BC Region</i>	Website:	https://towardtheheart.com/site-finder

Indigenous Health and Wellness Supports		
Indigenous Health Services - Island Health		
	Website:	https://www.islandhealth.ca/our-services/indigenous-health-services
First Nations Health Authority (FNHA)		
	Telephone:	604-693-6500; 1-866-913-0033
	Website:	https://www.fnha.ca/
Vancouver Aboriginal Health Society		
	Telephone:	604-254-9949
	Website:	https://vahs.life/programs
Aboriginal Health - Vancouver Coastal Health		
	Email:	aboriginalhealth@vch.ca
	Website:	http://www.vch.ca/your-care/aboriginal-health
Fraser Health Authority - Aboriginal Mental Health Services		
	Website:	https://www.fraserhealth.ca/health-topics-a-to-z/aboriginal-health/aboriginal-mental-health#.YaVDUsfMI2x
Tsow-Tun Le Lum Society		



	Phone:	250-390-3123; Toll-Free: 1-888-403-3123
	Website:	https://www.tsowtunlelum.org/

Leylum Lodge

	Telephone:	604-666-5129
	Email:	mailto:aadnc.cane-caeabccb.aandc@canada.ca

Indigenous Women's Programs - Battered Women Support Services (BWSS)

	Telephone:	604-687-1867; 1-855-687-1868
	Website:	https://www.bwss.org/support/programs/indigenous-womens-programs/

Vancouver Women's Health Collective

	Address:	29 West Hastings St, Vancouver, BC V6B 1G4
	Telephone:	604-736-5262
	Email:	centre@womenshealthcollective.ca
	Website:	https://womenshealthcollective.ca/

The DUDES Club

	Telephone:	778-244-8363
	Website:	https://dudesclub.ca/about/

2SLGBTQQAI+, BIPOC, Neurodivergent

Collaborative Space

<i>sliding scale counselling</i>	Address	912 - 207 West Hastings St, Vancouver , BC V5k1m8
	Email:	Samkaplan@expressivewellnes.ca
	Website:	https://www.expressivewellness.ca/

Alphabet Soup

	Address:	4329 Main Street, Whistler, BC V8E 1B2
	Telephone:	604-932-0113
	Email:	citycentre@richmond.ca
	Website:	Contact Outreach • Whistler Community Services Society (mywcsc.org)

AllWays Youth Drop-In

	Address:	5900 Minoru Blvd, Richmond, BC V6X 2A9
	Telephone:	604-204-8571
	Website:	Map Mind Map BC

Reclaiming Our Health: A resource by and for Trans, Two-Spirit, and Non-Binary Youth



	Website:	https://www.youthco.org/tnb2s_resource
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Sexual Health Information and Services; Sex Worker Resources		
YouthCO HIV & Hep C Society		
	Telephone:	604-688-1441; 1-855-968-8426
	Email:	info@youthco.org
Smart Sex Resource		
	Website:	https://smartsexresource.com/ https://getcheckedonline.com/
Wish Drop-In Centre Society		
<i>Female Identifying , Two-Spirit, Trans and non-binary sex workers</i>	Address:	<u>Drop-In Centre</u> 330 Alexander Street, Vancouver, BC, Canada V6A 1C3 <u>WISH Shelter</u> 340 Alexander Street (entrance in alley), Vancouver, BC, Canada V6A 1C3
	Telephone:	604-681-9244; 604-558-4031
	Email:	info@wishdropincentre.org
Peers – Victoria Resources Society		
	Address:	1-744 Fairview Road, Victoria, BC V9A 5T9
	Telephone:	(250) 388-5325; (250) 744-0171 (Night Outreach)
The Corner		
<i>The Corner is a drop-in program for men and gender diverse who have experience working in the sex economy.</i>	Telephone:	604-893-2201

Advocacy and Rights		
<i>Coming Soon!</i>		



Alberta

- Crisis Lines
- Youth and Young Adult Centered Supports
- Housing Insecurity Supports; Women’s (Emergency) Shelters
- Post-Secondary and Employment
- Addiction and Recovery Support
- Indigenous Health and Wellness Support Services
- 2SLGBTQQAI+ , BIPOC, Neurodivergent
- Sexual Health Information and Services; Sex Worker Resources
- Advocacy and Rights

Crisis Lines		
Aboriginal Family Violence Crisis Line		
<i>Toll-Free Provincial 24-hour Family Violence Info Line</i>	Telephone	310-1818

Youth and Young Adult Centered Supports		
Bent Arrow Traditional Healing Society		
<p><u><i>Kokomish House</i></u> <i>Established about in October of 1996 to assist youth transition into independent living. “Kokomish” means “grandmother” in the Indigenous Ojibwe language. We provide service to youth aged 12 – 18, who have status under Children’s Services.</i></p> <p><u><i>Iskwew House</i></u> <i>an Indigenous based transitional group home for pregnant and/or parenting teens between the ages of 14 and 24</i></p> <p><u><i>Eagles Nest Youth Housing First</i></u> <i>Intended to support single youth and families ages 16-24 years old experiencing homelessness</i></p>	<p>Address</p> <p>Telephone:</p> <p>Website:</p>	<p>11648 85 Street NW, Edmonton, AB T5B 3E5</p> <p>1-780-481-3451</p> <p>https://bentarrow.ca/</p>



Housing Insecurity Supports; Women's (Emergency) Shelters		
Red Road Journey		
	Telephone:	780-471-3221
	Website:	https://redroadjourney.ca/
Awo Taan Native Women's Shelter		
	Address:	Box 6084, Station A, Calgary, AB T2H 2L3
	Telephone:	(403) 531-1970
	Crisis Line:	(403) 531-1972 or 531-1976
	Email:	awotaan@awotaan.org
	Website:	https://surreyhomeless.ca/
Bigstone Women's Emergency Shelter		
	Address:	P.O. Box 900, Wabasca, AB T0G 2K0
	Telephone:	780-891-3333
	Email:	bcn-jan-glad@yahoo.ca
Calgary Native Women's Shelter Society		
	Address:	Box 6084, Station A, Calgary AB T2H 2L3
	Telephone:	403-531-1970
Crossroads Resource Centre and Women's Shelter		
	Address:	Box 1194, Fairview AB T0H 1L0
	Telephone:	780-835-2120
	Email:	crssrds@telusplanet.net
Eagle Women's Emergency Shelter		
	Address:	Box 610, Black Diamond AB T0L 0H0
	Telephone:	403-933-3370
Ermineskin Women's Emergency Shelter		
	Address:	P.O. Box 219, Hobbema, AB T0C 1N0
	Telephone:	780-420-0008 (ext. 228)
	Email:	ews@incentre.net
Hope Haven Women's Shelter		
	Address:	Box 2168, Lac La Biche AB T0A 2C0
	Telephone:	780-623-3104; 1-866-727-4673
	Crisis Line:	780-623-3100
	Email:	hhaven@telusplanet.net
Lethbridge Native Women's Transition Home Society		



	Address:	PO Box 1448, Lethbridge, AB T1J 4K2
	Telephone:	403-329-6506
Mikisew Cree Women's Shelter		
	Address:	Box 90, Fort Chipewayan AB T0P 1B0
	Telephone:	780-697-3322
Peace River Regional Women's Shelter		
	Address:	7716 – 99th Street, Peace River AB T8S 1C9
	Telephone:	780-624-3466
	Email:	prrws@telusplanet.net
Pincher Creek Women's Emergency Shelter		
	Address:	Box 2092 Pincher Creek AB T0K 1W0
	Telephone:	403-627-4868
	Crisis Line:	403-627-4868
	Email:	pcwesa@telusplanet.net
Stoney Eagle's Nest Woman Emergency Shelter		
	Address:	P.O. Box 250, Morley AB T0L1N0
	Telephone:	403-881-2000
Sucker Creek Woman's Emergency Shelter		
	Address:	P.O. Box 231, Enilda AB T0C 1N0
	Telephone:	780-523-2929
Yellowhead Emergency Shelter for Women		
	Address:	Box 6401, Hinton AB T7V 1X7
	Telephone:	780-865-4359; (800) 661-0937
	Crisis Line:	780-865-5133
	Email:	yeswomen@telusplanet.net

Post-Secondary and Employment		
The Writing Symbols Lodge (WSL) – University of Calgary		
	Email:	gerald.ratt@ucalgary.ca
	Website:	https://www.ucalgary.ca/student-services/writing-symbols/home
Mount Royal University – Iniskim Centre		
	Telephone:	403.440.5596



	Email:	iniskimcentre@mtroyal.ca
	Website:	https://www.mtroyal.ca/ProgramsCourses/FacultiesSchoolsCentres/IniskimCentre/index.htm

Aseniwuche Winewak Nation of Canada

	Address:	10020 99 Street, Grande Cache, Alberta
	Telephone:	780-827-5510
	Email:	info@aseniwuche.com
	Website:	https://www.aseniwuche.ca/

Freehorse Family Wellness Society

	Address:	2nd Floor, 5333-91 St, Edmonton, AB T6E 6E2
	Telephone:	1-780-944-0172
	Website:	https://www.freehorse.org/

Addiction and Recovery Support

Beaver Lake Wah Pow Treatment Centre

	Address:	Box 1648, Lac La Biche, AB T0A 2C0
	Telephone:	780-623-2553
	Email:	beaverlaketreatmentcenter@yahoo.ca

Blood Tribe Youth Wellness Centre

	Address:	P.O. Box 120, Standoff, AB T0L 1Y0
	Telephone:	403-653-1678

Footprints Healing Centre

	Address:	Box 357, Morinville, AB T8R 1S3
	Telephone:	780-939-3544

Kainai Healing Lodge Centre

	Address:	Box 179, Cardston, AB T0K 0K0
	Telephone:	(403) 737-3757; 1-888-737-3757
	Email:	kcentre@onehealth.ca

Kapown Rehabilitation Centre

	Address:	Box 40, Grouard, AB, T0G 1C0
	Telephone:	(780) 751-3921; 1-888-751-3921

Wood Buffalo Wellness Society (Mark Amy Centre)

	Address:	Box 5748, Fort McMurray, AB, T9H 4V9
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	Telephone:	780-334-2398
	Email:	markamy@onehealth.ca
	Website:	www.woodbuffalowellnesssociety.com/mark-amy-treatment-centre

Indigenous Health and Wellness Supports		
Native Counseling Services of Alberta		
	Address:	14904 121a Ave NW, Edmonton, AB
	Telephone:	780-451-4002
	Email:	info@ncca.ca
Awo Taan Healing Lodge		
	Telephone:	403-531-1972 ;403-531-1976 (available 24/7)
	Website:	https://awotaan.org/programs/aboriginal-support/
Indigenous Wellness Clinic		
	Telephone:	780-735-4512;1-844-441-4512
	Website:	https://www.albertahealthservices.ca
Twsa Itohtewina Oh'kaanoop'sa Eteniltthenu		
	Telephone:	780-495-6728
	Email:	heather.poitras@canada.ca

2SLGBTQQAI+ , BIPOC, Neurodivergent		
<i>Coming Soon!</i>		

Sexual Health Information and Services; Sex Worker Resources		
<i>Coming Soon!</i>		

Advocacy and Rights		
Legal Aid Alberta		
	Address:	300 Revillon Building, 10320—102 Avenue Edmonton AB T5J 4A1
	Telephone:	780-427-7575
	Website:	www.legalaid.ab.ca
Calgary Legal Guidance		
	Address:	100, 840 - 7th Avenue S.W., Calgary AB T2P 3G2



	Telephone:	403-234-9266
	Email:	clg@clg.ab.ca
	Website:	www.clg.ab.ca
Public Legal Education Network of Alberta		
	Address:	5520 - 48A Avenue, Red Deer AB T4N 3V6
	Telephone:	403-343-3712
	Email:	info@plena.org
	Website:	http://www.plena.org



Saskatchewan

- Crisis Lines
- Youth and Young Adult Centered Supports
- Housing Insecurity Supports
- Post-Secondary and Employment
- Addiction and Recovery Support
- Indigenous Health and Wellness Support Services
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- Sexual Health Information and Services; Sex Worker Resources

Crisis Lines

Coming Soon!

Youth and Young Adult Centered Supports

Saskatchewan Youth In Care and Custody Network

	Address:	510-2125 11th Ave., Regina, SK S4P 3X3
	Telephone:	1-306-522-1533
	Website:	https://agedout.com/

Housing Insecurity Supports

Coming Soon!

Post-Secondary and Employment

Rainbow Youth Centre

	Telephone:	306-757-9743
	Website:	https://www.rainbowyouth.com/road-to-employment

File Hills Qu'Appelle Tribal Council

	Address:	740 Sioux Avenue, Box 985, Fort Qu'Appelle, SK S0G 1S0
	Telephone:	306-332-8200
	Website:	https://fhqtc.com/pes/

Addiction and Recover Support

Prairie Spirit Connections Inc. – Mental Health and Addictions Counsellor



	Address:	809 Victoria Avenue, Regina, Saskatchewan S4N 0R5
	Telephone:	306-525-9682
	Email:	prairiespiritconnections@gmail.com
	Website:	Mental Health and Addictions Counsellor - Prairie Spirit Connections Inc.

Indigenous Health and Wellness Supports		
The Saskatoon Indian & Métis Friendship Centre – Violence Prevention Services		
	Website:	https://www.simfc.ca/familysupport
Native Health – Saskatchewan Health Authority		
	Telephone:	1-833-445-0080
	Website:	https://www.rqhealth.ca/departments/native-health
Saskatchewan First Nations Family and Community Institute		
	Telephone:	306-373-2874
	Email:	info@sfnfci.ca
	Website:	Home (sfnfci.ca)
White Buffalo Youth Lodge		
	Telephone:	306-659-2500
	Email:	aboriginalhealth@vch.ca
	Website:	https://www.sktc.sk.ca/white-buffalo-youth-lodge/
White Raven Healing Centre		
	Address:	740 Sioux Avenue, Box 985, Fort Qu’Appelle, SK S0G 1S0
	Phone:	306-332-8200
	Website:	https://fhqtc.com/white-raven/

2SLGBTQQAI+ , BIPOC, Neurodivergent		
Waniskahk – 2SLGBTQQAI+ Resource List		
	Website :	https://waniskahk.ca/2-spirited/resources

Sexual Health Information and Services; Sex Worker Resources		
<i>Coming Soon!</i>		

Advocacy and Rights		
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Waniskahk – Children and Youth Rights	
Telephone:	1-800-322-7221
Email:	contact@saskadvocate.ca
Website:	https://waniskahk.ca/children-youth-rights



Manitoba

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Crisis Lines

Coming Soon!

Youth and Young Adult Centered Supports

Voices: Manitoba's Youth in Care Network

Telephone:	1-204-982-4956
Email:	info@voices.mb.ca
Website:	https://voices.mb.ca/

The Link Youth Services

Telephone:	204-477-1722
Website:	www.thelinkmb.ca

Housing Insecurity Supports

Eagle Urban Transition House

Telephone:	204-954-3075
Website:	New Beginnings Program – Eagle Urban Transition Centre (eagleutc.com)

Aboriginal Health & Wellness of Winnipeg

Telephone:	204-925-3830
Website:	Doorways Program Aboriginal Health & Wellness (ahwc.ca)

New Directions for Children, Youth, Adults and Families

Telephone:	204-786-7051
Website:	https://newdirections.mb.ca/

Manitoba Housing Authority



	Telephone:	204-945-4663
	Website:	https://gov.mb.ca/

Post-Secondary and Employment

Employment and Income Assistance

	Telephone:	204-948-4000
	Website:	https://www.gov.mb.ca/fs/eia/index.html

University of Manitoba – Indigenous Student Centre

	Telephone:	204-474-8850; 1-800-432-1960 (ext. 8850)
	Email:	isc@umanitoba.ca
	Website:	https://umanitoba.ca/indigenous/

University of Winnipeg – Aboriginal Student Services Centre

	Telephone:	204-786-9818
	Website:	https://www.uwinnipeg.ca/assc/index.html

Addiction and Recover Support

Native Addictions Council Manitoba

	Telephone:	204-586-8395
	Website:	Native Addictions Council of Manitoba Recovery Centre (nacm.ca)

Addictions Foundation of Manitoba

	Telephone:	204-944-6200
	Website:	http://afm.mb.ca/

Indigenous Health and Wellness Supports

Circling Buffalo Program

	Phone:	204-620-1225
	Email:	aotoole@circlingbuffalo.ca
	Website:	https://circlingbuffalo.ca/

Ikwe Widdjiitiwin Inc.

<i>Aboriginal Crisis Shelter</i>	Crisis Line:	1-800-362-3344
	Website:	http://www.ikwe.ca/

Villa Rosa

	Telephone:	204-786-5741
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	Email:	intake@villarosa.mb.ca
	Website:	Villa Rosa Winnipeg
Native Women's Transition Centre Inc.		
	Telephone:	204-989-8240
	Website:	Native Women's Transition Centre Inc. - Winnipeg, Manitoba (nwtc.cc)
Mino-Pimatziwin Program		
	Phone:	204-925-7501
	Website:	Men's Healthy Living Aboriginal Health & Wellness (ahwc.ca)
Men's Resource Centre of Manitoba (Winnipeg)		
	Telephone:	204-415-6797; 1-855-672-6727 (Toll-Free)
Aboriginal Health & Wellness of Winnipeg		
	Telephone:	204-925-3700
	Website:	http://ahwc.ca/221-2/
Ma Mawi Wi Chi Itata Centre		
	Telephone:	204-925-0300
	Website:	https://www.mamawi.com/
Kiizhigongwigaamik Lodge		
	Telephone:	204-984-8137
	Website:	https://www.gcpedia.gc.ca/wiki/The_Lodge
Wa-Say Healing Centre		
	Telephone:	204-774-6484
	Website:	http://wa-say.com/

2SLGBTQQAI+ , BIPOC, Neurodivergent
Coming Soon!

Sexual Health Information and Services; Sex Worker Resources
Coming Soon!

Advocacy and Rights
Legal Aid Manitoba



	Telephone:	204-985-8500
	Website:	https://www.legalaid.mb.ca/contact/admin-office/
Legal Help Centre		
	Telephone:	204-258-3096
	Website:	https://legalhelpcentre.ca/



Ontario

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Crisis Lines

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Youth and Young Adult Centered Supports

Youth-in-Care Ontario

	Telephone:	1-613-327-4317
	Website:	Ontario - The National Youth in Care Network: Youth in Care Canada

Housing Insecurity Supports

Can-Am Urban Native Homes

	Address:	180 Tecumseh Road East, Windsor, ON N8X 2P8
	Telephone:	(519) 977-7782
	Website:	Can-Am Urban Native Homes (caunh.ca)

De Dwa Da Dehs Nye S – Aboriginal Health Centre

	Address:	312 Main St #409, Vancouver, BC V6A 2T2
	Telephone:	Hamilton: 905-544-4320 Brantford: 519-752-4340 Niagara: 1-877-402-4121
	Website:	https://aboriginalhealthcentre.com/indigenous-housing-services/

Post-Secondary and Employment

University of Windsor – Aboriginal Education Centre

	Telephone:	(519) 253-3000 ext. 3465
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	Website:	https://www.uwindsor.ca/aboriginal-education-centre/
University of Waterloo – Indigenous Student Centre (WISC)		
	Telephone:	519-885-1460
	Website:	https://uwaterloo.ca/stpauls/waterloo-indigenous-student-centre
University of Toronto - First Nations House - Indigenous Student Services		
	Telephone:	416-978-8227
	Website:	https://studentlife.utoronto.ca/department/first-nations-house/
Lakehead University – Indigenous Cultural & Support Services		
	Telephone:	1 (807) 343-8085
	Website:	https://www.lakeheadu.ca/indigenous/indigenous-services-tb
Brock University – Indigenous Student Services		
	Telephone:	Fort Erie: 905-688-6484 or Hamilton: 905-871-8931
	Website:	https://brocku.ca/aboriginal-student-services/

Addiction and Recovery Support		
Government of Ontario – Mental Health and Addiction Services		
	Website:	Mental health and addiction services for Indigenous individuals and families Ontario.ca

Indigenous Health and Wellness Support Services		
Native Canadian Centre of Toronto – Community Health Navigator		
	Telephone:	416-964-9087 #273
	Website:	https://ncct.on.ca/community-health/
Toronto East Health Network Aboriginal Healing Program		
	Address:	Michael Garron Hospital 825 Coxwell Avenue Toronto ON M4C 3E7
	Telephone:	416-923-0800
	Website:	https://www.tehn.ca/programs-services/first-nations-inuit-metis-services



Noojimo Health		
	Telephone:	1-833-970-3030
	Website:	https://noojimohealth.ca/services/
Minwaashin Lodge – An Indigenous Women's Support Centre		
	Address:	2323 St. Laurent Blvd., Ottawa, ON K1G 4J8
	Telephone:	Phone: (613) 741-5590 Crisis Line: (613) 789-1141
	Website:	https://www.minlodge.com/
Native Women Centre – We Care, We Share		
	Address:	1900 King Street East P.O. Box 69036 Hamilton , ON L8K 6R4
	Telephone:	1-888-308-6559
	Website:	http://www.nativewomenscentre.com/
Government of Ontario – Support for Indigenous Peoples Experiencing or at Risk of Experiencing Violence		
	Address:	Ganohkwásra' Family Assault Support Services 1781 Chiefswood Road Ohsweken, Ontario N0A 1M0 Local: 519-445-4324 (24 hours) Fax: 519-445-4825 Mohawk Council of Akwesasne – Iethinisten:ha Iethinonronhkawa PO Box 579 Cornwall, Ontario K6H 5T3 Local: 613-937-4322 Fax: 613-937-4979
	Website:	https://www.ontario.ca/page/support-indigenous-peoples-experiencing-or-risk-experiencing-violence#section-0
Onyota'a:ka Family Healing Lodge		
	Address:	2212 Elm Ave, Southwold, ON N0L 2G0
	Telephone:	(519) 652-0657



	Website:	https://oneida.on.ca/onyotaaka-family-healing-lodge/
Wabano Centre- Health Sexuality & Indigenous Health Ottawa		
	Address:	299 Montreal Road, Ottawa, ON K1L 6B8
	Telephone:	613-957-3216
	Website:	https://wabano.com/about-wabano/about-us/
Government of Ontario – Indigenous Healing and Wellness Strategy		
	Website:	https://www.ontario.ca/page/healing-health-and-wellness-services-indigenous-people-and-families https://www.ontario.ca/page/indigenous-healing-and-wellness-strategy
Dodem Kanonhsa’ Elders Cultural Facility		
	Email:	dodemkanonhsa@canada.ca
	Telephone:	416-952-9272
	Website:	https://www.nccie.ca/ncc_social_media/dodem-kanonhsa-cultural-and-education-facility/
Mamisarvik Healing Centre		
	Address:	1071 Richmond Road, Ottawa, ON K2B 6R2
	Telephone:	613-565-5885
	Website:	https://tiontario.ca/programs/mamisarvik-healing-centre
Kumik Elders Lodge		
	Telephone:	819-997-9703
	Website:	http://intranet-rcaanc-cirnac/eng/1520364882721/1520365064766
Iskotew Lodge		
	Telephone:	613-957-3216
	Website:	http://intranet-sac-isc/eng/1534527557540/1534527577391



Advocacy and Rights

Nishnawbe-Aski Legal Services

	Telephone:	(807) 622- 1413
	Address:	138B Mission Road Fort William First Nation, ON P7J 1K7
	Website:	https://nanlegal.on.ca/about/



Quebec

- Crisis Lines
- Youth and Young Adult Centered Supports
- Housing Insecurity Supports
- Post-Secondary and Employment
- Indigenous Health and Wellness Support Services
- 2SLGBTQQAI+ , BIPOC, Neurodivergent
- Sexual Health Information and Services; Sex Worker Resources
- Advocacy and Rights

Crisis Lines

Coming Soon!

Youth and Young Adult Centered Supports

Coming Soon!

Housing Insecurity Supports

Regroupement des centres d'amitié autochtones du Québec (rcaaq.info)

	Telephone:	604-584-5811
	Email:	jfcote@rcaaq.info
	Website:	https://www.rcaaq.info/en/sircaaq/

Post-Secondary and Employment

University of McGill – First People’s House

	Website:	https://www.mcgill.ca/fph/
	Telephone:	514-398-3217

Indigenous Health and Wellness Support Services

Uashat Mak Mani-utenam

	Website:	http://itum.qc.ca/
	Telephone:	418-962-0327 Toll Free: 1-800-563-0327

Community Miyupimaatisiun Centre - Begoodenoo Neeshdum: Family Group Conferencing

	Email:	robertauclair@ssss.gouv.qc.ca
	Telephone:	819-855-3044

Native Montréal

	Website:	Nativemontreal.com
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	Telephone:	514-331-6587
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2SLGBTQQAI+ , BIPOC, Neurodivergent
<i>Coming Soon!</i>

Sexual Health Information and Services; Sex Worker Resources
<i>Coming Soon!</i>

Advocacy and Rights
<i>Coming Soon!</i>



New Brunswick

- Crisis Lines
- Youth and Young Adult Centered Supports
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- Sexual Health Information and Services; Sex Worker Resources
- Advocacy and Rights

Crisis Lines

Coming Soon!

Youth and Young Adult Centered Supports

New Brunswick Youth in Care Network

	Telephone:	1-506-462-0323
	Website:	www.partnersforyouth.ca

Housing Insecurity Supports

Miramichi Youth House INC

	Address:	870 King George Hwy Miramichi, New Brunswick E1V 1P8
	Telephone:	(506) 624-9909
	Website:	https://www.miramichiyouthhouse.com/

Post-Secondary and Employment

University of New Brunswick Mi'kmaq-Wolastoqey Centre

	Email:	mwc@unb.ca
	Telephone:	506-453-4840
	Website:	Mi'kmaq-Wolastoqey Centre (MWC) UNB

Aboriginal Affairs Grant Program

	Email:	AboriginalAffairs@gnb.ca
	Telephone:	(506) 462-5846
	Website:	www.snb.ca
	Telephone:	506) 357-7220



Addiction and Recovery Support		
Rising Sun Treatment Center		
	Address:	31 Riverview Rd W, Eel Ground, NB E1V 4G2
	Telephone:	1-833-444-4626

Indigenous Health and Wellness Support Services		
Gignoo Transition House		
	Telephone:	Phone: (506) 458-1236 Crisis Line: (506) 458-1224
	Website:	www.gignoohouse.ca
Miramichi Emergency Centre for Women		
	Address:	40 Mic Mac Road at Eel Ground
	Telephone:	506-622-8865
	Website:	www.emergencycentreforwomen.com
Gitpo Spirit Lodge Eel Ground First Nation		
	Address:	8 Gitpo Road, Eel Ground, NB E1V 4E4
	Telephone:	(506) 625-0030
Vitalite Health Network		
	Address:	Dr. Georges-L.-Dumont University Hospital Centre, 330 Université Avenue Moncton, New Brunswick E1C 2Z3
	Telephone:	506-869-2882
	Email:	recherche.research@vitalitenb.ca
	Website:	https://www.vitalitenb.ca/en/contact-us
Elsipogtog Health & Wellness Center		
	Address:	8 Gitpo Road, Eel Ground, NB E1V 4E4
	Telephone:	(506) 523-8227
	Website:	Elsipogtog Health & Wellness Centre (ehwc.ca)

2SLGBTQQAI+ , BIPOC, Neurodivergent		
<i>Coming Soon!</i>		



Sexual Health Information and Services; Sex Worker Resources

Coming Soon!

Advocacy and Rights

Coming Soon!



Nova Scotia

- Crisis Lines
- Youth and Young Adult Centered Supports
- Housing Insecurity Supports
- Post-Secondary and Employment
- Addiction and Recovery Support
- Indigenous Health and Wellness Support Services
- 2SLGBTQQAI+ , BIPOC, Neurodivergent
- Sexual Health Information and Services; Sex Worker Resources
- Advocacy and Rights

Crisis Lines		
Native Council of Nova Scotia (Native Social Counselling Agency)		
	Telephone:	1-902-895-1738
	Website:	https://www.ncns.ca/
Alsusuti Aboriginal Crisis & Counselling Services		
	Telephone:	844-694-1382
	Website:	https://alsusuti.com/

Youth and Young Adult Centered Supports		
The Voice: The Youth in Care Newsletter Project		
	Website:	The Voice newsletter Youth in care newsletter group Halifax, NS

Housing Insecurity Supports		
<i>Coming Soon!</i>		

Post-Secondary and Employment		
<i>Coming Soon!</i>		

Addiction and Recovery Support		
<i>Coming Soon!</i>		



Indigenous Health and Wellness Support Services		
Millbrook Family Healing Center		
	Telephone:	1-902-422-8476
	Email:	youthnewsletter@ns.sympatico.ca
	Website:	http://www.youthnewsletter.net/
Nova Scotia Native Women's Association		
	Telephone:	902-893-7402
	Website:	Home Nova Scotia Native Women's Association (nsnwa.ca)
Nova Scotia Health – First Nations Services		
	Website:	https://mha.nshealth.ca/en/services/first-nations-services
Eskasoni Mental Health Services		
	Telephone:	Toll Free: 1-855-379-2099
	Website:	https://www.eskasonimentalhealth.org/
Union of Nova Scotia Mi'kmaq (Mental Wellness Team)		
	Telephone:	902-539-4107
	Website:	https://www.unsm.org/dept/mental-wellness#request-services

2SLGBTQQAI+ , BIPOC, Neurodivergent
Coming Soon!

Sexual Health Information and Services; Sex Worker Resources
Coming Soon!

Advocacy and Rights
Coming Soon!



Prince Edward Island

- Crisis Lines
- Youth and Young Adult Centered Supports
- Housing Insecurity Supports
- Post-Secondary and Employment
- Addiction and Recovery Support
- Indigenous Health and Wellness Support Services
- 2SLGBTQQAI+ , BIPOC, Neurodivergent
- Sexual Health Information and Services; Sex Worker Resources
- Advocacy and Rights

Youth and Young Adult in Care Supports		
Strengthening Aboriginal Families Effectively (SAFE)		
Native Council of Prince Edward Island	Telephone:	(902) 892-5314
	Address	The Native Council of PEI 6 FJ McAulay Court Charlottetown, PEI C1A 9M7

Housing Insecurity Supports		
Native Council of Prince Edward Island		
	Address:	6 FJ McAulay Court Charlottetown, PEI C1A 9M7
	Telephone:	902-566-4729
	Website:	https://ncpei.com/services/housing/
Indigenous Tenant Support Initiative (ITSI)		
	Address:	6 FJ McAulay Court, Charlottetown, PEI C1A 9M7
	Telephone:	902-566-4729
	Website:	Indigenous Tenant Support Initiative (ITSI) Native Council of Prince Edward Island (ncpei.com)
Reaching Home		
	Address:	6 FJ McAulay Court, Charlottetown, PEI C1A 9M7
	Telephone:	902-566-4729
	Website:	Reaching Home Native Council of Prince Edward Island (ncpei.com)



Post-Secondary and Employment		
University of Prince Edward Island – Mawi’omi Centre		
	Email:	mawiomi@upei.ca
	Telephone:	(902) 620-5125
	Website:	https://www.upei.ca/mawiomi-centre
Indigenous Skills and Employment Training (ISET) Program		
	Email:	iset@ncpei.com
	Telephone:	(902) 892-5314
	Website:	https://ncpei.com/services/iset/
Youth Employment and Skills Strategy		
	Email:	training@ncpei.com
	Telephone:	(902) 892-5314
	Website:	https://ncpei.com/services/the-way-forward/

Addiction and Recovery Support		
A Path Forward		
	Address:	6 FJ McAulay Court, Charlottetown, PEI C1A 9M7
	Telephone:	902-566-4729
	Website:	https://ncpei.com/services/path-forward/

Indigenous Health and Wellness Support Services		
Aboriginal Women’s Association of PEI		
	Telephone:	902-831-3059;-888-973-4292 (Toll Free)
	Website:	https://www.awapei.org/about-us.php
	Address:	

2SLGBTQQAI+, BIPOC, Neurodivergent
Coming Soon!

Sexual Health Information and Services; Sex Worker Resources
Coming Soon!



Advocacy and Rights

Coming Soon!



Newfoundland & Labrador

- Crisis Lines
- Youth and Young Adult Centered Supports
- Housing Insecurity Supports
- Post-Secondary and Employment
- Addiction and Recovery Support
- Indigenous Health and Wellness Support Services
- 2SLGBTQQAI+ , BIPOC, Neurodivergent
- Sexual Health Information and Services; Sex Worker Resources
- Advocacy and Rights

Crisis Lines

Coming Soon!

Youth and Young Adult in Care Supports

Coming Soon!

Housing Insecurity Supports

Coming Soon!

Post-Secondary and Employment

Coming Soon!

Addiction and Recovery Support

Coming Soon!

Indigenous Health and Wellness Support Services

Aboriginal Women’s Association of PEI

	Telephone:	902-831-3059;-888-973-4292 (Toll Free)
	Website:	https://www.awapei.org/about-us.php
	Address:	90 Main Street, Stephenville, NL A2N 1H9

Newfoundland Provincial Association Against Family Violence

	Telephone:	709-739-6759
	Website:	http://www.thanl.org/



	Address:	Box 221, Station C St. John's NL A1C 5J2
Newfoundland Aboriginal Women's Newtework (NAWN)		
	Telephone:	709-643-4563
	Website:	https://nawn-nf.com/
	Address:	90 Main Street, Stephenville, NL A2N 1H9
Mokami Status of Women Council		
	Telephone:	(709) 896-3484 ext. 209
	Website:	https://www.mokamiwomen.ca/
	Address:	43 Grenfell Street, P.O. Box 329, Stn. B, Happy Valley-Goose Bay, NL A0P 1E0

2SLGBTQQAI+ , BIPOC, Neurodivergent
Coming Soon!

Sexual Health Information and Services; Sex Worker Resources
Coming Soon!

Advocacy and Rights		
Public Legal Information Association of Newfoundland		
	Telephone:	709-722-2643; 888-660-7788 (Toll Free)
	Website:	http://www.publiclegalinfo.com/
	Address:	31 Peet Street, Suite 227 St. John's NL A1B 3W8



Yukon

- Crisis Lines
- Youth and Young Adult Centered Supports
- Housing Insecurity Supports
- Post-Secondary and Employment
- Addiction and Recovery Support
- Indigenous Health and Wellness Support Services
- 2SLGBTQQAI+ , BIPOC, Neurodivergent
- Sexual Health Information and Services; Sex Worker Resources
- Advocacy and Rights

Crisis Lines

Coming Soon!

Youth and Young Adult in Care Supports

Coming Soon!

Housing Insecurity Supports

Coming Soon!

Post-Secondary and Employment

Coming Soon!

Addiction and Recovery Support

Coming Soon!

Indigenous Health and Wellness Support Services

The Shadhäla Äshèyi yè Kwädän (Champagne and Aishihik First Nations)

DA'N TS'AN NAN'NI (Community Wellness Department)

Website:

<https://yawc.ca/services/outreach-prevention-healing>

Women's Transition Home

Website:

Womenstransitionhome.ca

Telephone:

867-668-5733



Watson Lake Yukon Women’s Shelter and Transition Home		
	Address:	Watson Lake, YT Y0A 1C0
	Telephone:	867-536-7233
	Website:	Helpandhopeforfamilies.ca
Yukon Aboriginal Women’s Council (YAWC)		
	Website:	https://yawc.ca/services/outreach-prevention-healing
First Nations Health Programs Yukon Hospital Corporation		
	Website:	https://yukonhospitals.ca/whitehorse-general-hospital/programs-and-services/first-nations-health-programs
	Telephone:	867-393-8780

2SLGBTQQAI+ , BIPOC, Neurodivergent
Coming Soon!

Sexual Health Information and Services; Sex Worker Resources
Coming Soon!

Advocacy and Rights
Coming Soon!